Check this box if no
longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL OMB Number: 3235-0287 Estimated average burden hours per response... 0.5

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)										
1. Name and Address of Reporting Person <sup>+</sup> MOYES JAY M	2. Issuer Name <b>and</b> ACHIEVE LIFE			<b>e</b> .		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) 22722 29TH DR SE, SUITE 100		3. Date of Earliest T 05/11/2021	ransaction (I	Mont	th/Day/Ye	ar)		Officer (give title below)O	ther (specify bel	ow)
(Street) BOTHELL, WA 98021		4. If Amendment, Da	ate Original	Filed	d(Month/Day	/Year)		6. Individual or Joint/Group Filing(Che _X_Form filed by One Reporting Person Form filed by More than One Reporting Pers		ine)
(City) (State)	(Zip)	T	able I - No	n-De	erivative S	ecuritie	s Acqu	ired, Disposed of, or Beneficially Ow	ned	
1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	(Instr. 8)	tion V	4. Securi (A) or Di (Instr. 3, Amount	4 and 5) (A) or	of (D)	Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information SEC 1474 (9-02) contained in this form are not required to respond unless the form displays a currently valid OMB control number.

 Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

				<i>e.g.</i> , put	s, ca	ins, wari	rants	s, options, co	nvertible secui	nues)					
1. Title of	2. Conversion	3. Transaction	3A. Deemed Execution Date, if	4. Transact	tion			<ol> <li>Date Exer</li> <li>Expiration I</li> </ol>		7. Title and of Underlyin		8. Price of Derivative	9. Number of	10. Ownership	11. Nature
		(Month/Day/Year)		Code	lion			(Month/Day		Securities	0			•	Beneficial
(Instr. 3)	Price of		(Month/Day/Year)		<b>`</b>	Securiti		(Wonun/Day	( i ear)	(Instr. 3 and		~		Derivative	
(11301.5)	Derivative		(wonth/Day/Tear)	(msu. o	,	Acquire				(msu. 5 and	<b>+</b> )	· /		Security:	(Instr. 4)
	Security					(A) or	a							Direct (D)	(IIISU: I)
	~					Dispose	ed						0	or Indirect	
						of (D)							Transaction(s)		
						(Instr. 3	, 4,						(Instr. 4)	(Instr. 4)	
						and 5)									
								Date Exercisable	Expiration Date	Title	Amount or Number of				
				Code	v	(A)	(D)				Shares				
Stock Option (right to buy)	\$ 9.9	05/11/2021		А		3,750		<u>(1)</u>	05/11/2031	Common Stock	3,750	\$ 0	3,750	D	

## **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
MOYES JAY M 22722 29TH DR SE SUITE 100 BOTHELL, WA 98021	Х						

### Signatures

 Sandra Thomson as attorney-in-fact for Jay Moyes
 05/13/2021

 Signature of Reporting Person
 Date

# **Explanation of Responses:**

\* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) The options vest 100% on the earlier of May 11, 2022 or the date immediately prior to the Issuer's next annual meeting of stockholders.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.