FORM	4
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UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Fint of Type Responses)										
1. Name and Address of Reporting Person [*] Stewart Richard Alistair	2. Issuer Name and ACHIEVE LIFE			0,		5. Relationship of Reporting Person(s) to Issuer (Check all applicable) X Director 10% Owner				
(Last) (First) 520 PIKE STREET, SUITE 2250	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 11/16/2020						X_Officer (give title below) Other (specify below) Executive Chairman		
(Street) SEATTLE, WA 98101		4. If Amendment, Da	ate Original	Filed	(Month/Day/	Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person Form filed by More than One Reporting Person			
(City) (State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	. 3) Date Execution Date, if		3. Transact Code (Instr. 8) Code	(A) (Ins		A securities Acquired A) or Disposed of (D) Instr. 3, 4 and 5) (A) or (D) Price		Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial Ownership

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned

(e.g., puts, calls, warrants, options, convertible securities)															
	Conversion	Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code		5. Numbo of Deriva Securitie Acquired or Dispos of (D) (Instr. 3, and 5)	ntive s l (A) sed	6. Date Exercisable and 7. Title and Amount		Derivative Security (Instr. 5)	Derivative Securities Beneficially Owned Following Reported Transaction(s)	Ownershipof IForm ofBerDerivativeOwSecurity:(InstDirect (D)or Indirect(I)(Inst	Ownership Form of Derivative Security: Direct (D) or Indirect (I)	Beneficial	
				Code	v	(A)		Date Exercisable	Expiration Date	Title	Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (right to buy)	\$ 10.36	11/16/2020		А		15,000		Ш	11/16/2030	Common Stock	15,000	\$ 0	15,000	D	

Reporting Owners

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Stewart Richard Alistair 520 PIKE STREET SUITE 2250 SEATTLE, WA 98101	Х		Executive Chairman				

Signatures

Sandra Thomson as attorney-in-fact for Richard Stewart	11/18/2020	
Signature of Reporting Person	Date	

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Pursuant to the terms of the options 50% of the total shares underlying the option vest on the achievement of a performance-based milestone, and 50% vest on the first anniversary of the achievement of such milestone. The options will lapse in full if achievement of such milestone is not met.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

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