FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL							
OMB Number:	3235-0287						
Estimated average	burden						
hours per response	0.5						

longer subject to
Section 16. Form 4 or
Form 5 obligations
may continue. See
Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person – JACOBS CINDY				2. Issuer Name and Ticker or Trading Symbol ACHIEVE LIFE SCIENCES, INC. [ACHV]							5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner						
520 PIKI	1	(First) F, SUITE 2250		3. Date of Earliest Transaction (Month/Day/Year) 09/20/2018				X_Officer (give title below) Other (specify below) EVP, CMO									
(Street) SEATTLE, WA 98101				4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting PersonForm filed by More than One Reporting Person						
(City		(State)	Table I - Non-Derivative Securities Acqui							uired, I	ired, Disposed of, or Beneficially Owned						
1.Title of S (Instr. 3)	ecurity		2. Transaction Date (Month/Day/Year)		on D	ate, if			() (I	A) or Disposed nstr. 3, 4 and (A) or (A) or (B) or	1 of (D) 5)	Owned Transa (Instr.		Securities Being Reported	d (Ownership of orm:	Nature Findirect eneficial wnership nstr. 4)
	in this form are not required to respond unless the form displays a currently valid OMB control number. Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)																
1. Title of Derivative Conversion Security (Instr. 3) Price of Derivative Security		3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if	4. Transac Code	5. Number		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Tit of Un Secur				9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s)	10. Ownership Form of Derivative Security: Direct (D)	Beneficia Ownershi (Instr. 4)		
														or Indirect			
				Code	V	(A)	(D)	Date Exerc	isable	Expiration Date	Title		Amount or Number of Shares		(Instr. 4)	(Instr. 4)	
Stock Option (right to buy)	\$ 2.56	09/20/2018		A		37,000		Ĺ	1)	09/20/202	ΧI	nmon ock	37,000	\$ 0	37,000	D	

Reporting Owners

P. 4. 0. N. 4	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
JACOBS CINDY 520 PIKE STREET SUITE 2250 SEATTLE, WA 98101			EVP, CMO					

Signatures

Sandra Thomson as attorney-in-fact for Cindy Jacobs	09/21/2018
Signature of Reporting Person	Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest in monthly installments over 48 months commencing one month from September 20 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.