## FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OMB APPROVAL
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

(Print or Type	e Responses)																
1. Name and Address of Reporting Person * Bencich John				2. Issuer Name and Ticker or Trading Symbol ACHIEVE LIFE SCIENCES, INC. [ACHV]									5. Relationship of Reporting Person(s) to Issuer (Check all applicable)  Director 10% Owner				
(Last) (First) (Middle) 520 PIKE STREET, SUITE 2250				3. Date of Earliest Transaction (Month/Day/Year) 08/13/2018							ar)	X	X_Officer (give title below) Other (specify below)  CFO & COO				
(Street) SEATTLE, WA 98101				4. If Amendment, Date Original Filed(Month/Day/Year)							Year)	_X_	6. Individual or Joint/Group Filing(Check Applicable Line) Form filed by One Reporting Person Form filed by More than One Reporting Person				
(City) (State) (Zip)				Table I - Non-Derivative Securities Acou							Securitie	s Acquired	lired, Disposed of, or Beneficially Owned				
1.Title of Security (Instr. 3)  2. Transaction Date (Month/Day/Yea			Execution Date, if			Code (Instr.	nsaction 8)	(/	A) or Di	Securities Acquired ) or Disposed of (D) str. 3, 4 and 5)		3		Ownership Form:	7. Nature of Indirect Beneficial Ownership		
				(Monas Bay, Tour)		Cod	le V	_	mount	(A) or (D)	Price	, , , , , , , , , , , , , , , , , , ,			or Indirect I) Instr. 4)		
Common S	Common Stock 08/13/2018			N		M	[	1	,443 L)	A	\$ 0 1,5	578 (2)			)		
Common Stock 08/13/2			08/13/2018			F		4	58 (3)	D :	\$ 2.78 1,1	120		-	)		
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, i	if Transaction of Code Derivary (Instr. 8) Secu Acqu (A) of Disp of (I (Instr. 8) Code Code Code Code Code Code Code Code		fumber 6. Date E Expiratio (Month/Lurities uired or posed		Dispo s, con Exection 1	nvertible securi tercisable and Date		7. Title an of Underly Securities	7. Title and Amount of Underlying		9. Number of Derivative Securities Beneficially Owned Following Reported Transaction(s) (Instr. 4)	Owners Form of Derivati Security Direct ( or Indire	Beneficial Ownersh (Instr. 4)	
				Code		and :	(D)	Date Exercis	sable	Expira Date	ation	Title	Amount or Number of Shares				
Restricted Stock Unit (RSU)	(5)	08/13/2018		М			1,370 (6)	<u>(7</u>	<u>'</u> )	08/0	1/2021	Commo Stock		\$ 0	4,110	D	
Restricted Stock Unit (RSU)	(5)	08/13/2018		M			45 <sup>(8)</sup>	<u>(9</u>	<u>))</u>	2	(10)	Commo Stock	n 45	\$ 0	0	D	
Restricted Stock Unit (RSU)	(5)	08/13/2018		М			28 (11)	(12	2)	05/19	9/2019	Commo Stock	n 28	\$ 0	28	D	

### **Reporting Owners**

	Relationships						
Reporting Owner Name / Address	Director	10% Owner	Officer	Other			
Audress							

SEATTLE, WA 98101
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### **Signatures**

Sandra Thomson as attorney-in-fact for John Bencich	08/15/2018		
**Signature of Reporting Person	Date		

### **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Represents shares of common stock acquired upon settlement of the restricted stock units ("RSUs") listed in Table II.
- (2) On May 23, 2018, the Issuer effected a 1-for-10 split of its common stock (the "Stock Split") resulting in a decrease in the reporting person's ownership of 1,223 shares of common stock.
- (3) Represents shares of common stock that have been sold by the Issuer to satisfy its income tax withholding and remittance obligations in connection with the net settlement of RSUs and does not represent a sale by the reporting person.
- The reported price in Column 4 is a weighted average price. These shares were sold in multiple transactions at prices ranging from \$2.77 to \$2.815 per share, inclusive. The reporting person undertakes to provide to the issuer, any security holder of the issuer, or the staff of the Securities and Exchange Commission, upon request, full information regarding the number of shares sold at each separate price within the range set forth in this footnote.
- (5) Each restricted stock unit ("RSU") represents a contingent right to receive one share of the issuer's common stock at settlement.
- (6) This RSU was previously reported as covering 54,800 shares, which number was adjusted to reflect the Stock Split.
- (7) Pursuant to the terms of the RSU, 25% of the total shares underlying the RSU vest annually on the later of (i) each anniversary of August 1, 2017 and (ii) the first day thereafter during which the issuer's trading window is open.
- (8) This RSU was previously reported as covering 909 shares, which number was adjusted to reflect the Stock Split.
- (9) Pursuant to the terms of the RSU, 25% of the total shares underlying the RSU vest annually on the later of (i) each anniversary of August 12, 2014 and (ii) the first day thereafter during which the issuer's trading window is open.
- (10) The RSUs expire 30 days from the date they vest.
- (11) This RSU was previously reported as covering 568 shares, which number was adjusted to reflect the Stock Split.
- (12) Pursuant to the terms of the RSU, 25% of the total shares underlying the RSU vest annually on the later of (i) each anniversary of January 1, 2015 and (ii) the first day thereafter during which the issuer's trading window is open.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.