FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

OIVIB APPE	ROVAL
OMB Number:	3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934 or Section 30(h) of the Investment Company Act of 1940

Name and Address of Reporting Person * Bencich John				2. Issuer Name and Ticker or Trading Symbol ACHIEVE LIFE SCIENCES, INC. [ACHV]							5	5. Relationship of Reporting Person(s) to Issuer (Check all applicable) Director 10% Owner				
520 PIKI	*	(First) S, SUITE 2250		3. Date of Earliest Transaction (Month/Day/Year) 07/26/2018					X_Officer (give title below) Other (specify below) CFO & COO							
(Street) SEATTLE, WA 98101			4. If Amendment, Date Original Filed(Month/Day/Year)							6. Individual or Joint/Group Filing(Check Applicable Line) _X_Form filed by One Reporting Person _Form filed by More than One Reporting Person						
(City		(State)	(Zip)	Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned												
1.Title of S (Instr. 3)	Security		2. Transaction Date (Month/Day/Year)		on Da	ate, if			(A) (Ins	Securities Acquired or Disposed of Str. 3, 4 and 5) (A) or nount (D)	of (D) O	Amount of Standard Follow ransaction(s) nstr. 3 and 4)	ing Reporte	d C F C o	Ownership of orm: Be Orect (D) or Indirect (In	Nature Indirect eneficial wnership nstr. 4)
			Table II -					displ	ays spos		valid ON eficially O	IB control r		e form		
Security	Conversion Date Execusion Exercise (Month/Day/Year) any		3A. Deemed Execution Date, if	(e.g., puts, of 4.) Transaction Code		puts, calls, warrants, 5. Number of Derivative Securities Acquired (A) or Disposed of (D)		Expiration Date (Month/Day/Year) S		ities)	and Amount rlying	Derivative Security (Instr. 5)	Securities Beneficially Owned Following	Derivative Security: Direct (D)	Beneficia Ownershi (Instr. 4)	
					:	(Instr. 3, and 5)		Date Exercisal		Expiration Date	Title	Amount or Number of		Reported Transaction(s (Instr. 4)	or Indirect (I) (Instr. 4)	
Stock Option (right to buy)	\$ 3.37	07/26/2018		Code	V	(A) 25,000	(D)	(1)		07/26/2028	Comm	125 000	\$ 0	25,000	D	

Reporting Owners

D # 0 N /	Relationships							
Reporting Owner Name / Address	Director	10% Owner	Officer	Other				
Bencich John 520 PIKE STREET SUITE 2250 SEATTLE, WA 98101			CFO & COO					

Signatures

Sandra Thomson as attorney-in-fact for John Bencich	07/30/2018		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest in monthly installments over 48 months commencing one month from July 26 2018.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure.

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.