#### UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

#### FORM 8-K

#### CURRENT REPORT

## Pursuant to Section 13 or 15(d)

of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): April 28, 2023

## ACHIEVE LIFE SCIENCES, INC.

(Exact name of Registrant as Specified in Its Charter)

| Delaware                                 | 033-80623    | 95-4343413          |
|--|--------------|---------------------|
| (State or Other Jurisdiction             | (Commission  | (IRS Employer       |
| of Incorporation)                        | File Number) | Identification No.) |
| 22722 29th Drive SE, Suite 100           |              |                     |
| Bothell, WA                              |              | 98021               |
| 1040 West Georgia, Suite 1030            |              |                     |
| Vancouver, BC, Canada                    |              | V6E 4H1             |
| (Address of Principal Executive Offices) |              | (Zip Code)          |

1040 West Georgia Street, Suite 1030, Vancouver, British Columbia, Canada V6E 4H1 (Former Name or Former Address, if Changed Since Last Report)

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions (see General Instruction A.2. below):

Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)

Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)

□ Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))

Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Securities registered pursuant to Section 12(b) of the Act:

| Title of each class                       | Trading Symbol | Name of exchange on which registered |
|---|----------------|--------------------------------------|
| Common Stock, par value \$0.001 per share | ACHV           | The NASDAQ Capital Market            |

Indicate by check mark whether the registrant is an emerging growth company as defined in Rule 405 of the Securities Act of 1933 (§230.405 of this chapter) or Rule 12b-2 of the Securities Exchange Act of 1934 (§240.12b-2 of this chapter).

Emerging growth company  $\Box$ 

If an emerging growth company, indicate by check mark if the registrant has elected not to use the extended transition period for complying with any new or revised financial accounting standards provided pursuant to Section 13(a) of the Exchange Act.

## Item 7.01 Regulation FD Disclosure.

On April 28, 2023, Achieve Life Sciences, Inc. (the "Company") updated the address of its principal executive offices. Effective April 28, 2023, the Company has principal executive offices at each of (i) 1040 West Georgia, Suite 1030, Vancouver, B.C., Canada, V6E 4H1 and (ii) 22722 29th Drive SE, Suite 100, Bothell, WA 98021.

The information in this Item 7.01 to this Current Report on Form 8-K, shall not be deemed to be "filed" for purposes of Section 18 of the Securities Exchange Act of 1934, as amended (the "Exchange Act"), or otherwise subject to the liabilities of that section or Sections 11 and 12(a)(2) of the Securities Act of 1933, as amended (the "Securities Act"). The information contained in this Item 7.01 shall not be incorporated by reference into any other filing under the Exchange Act or under the Securities Act, except as shall be expressly set forth by specific reference in such filing.

## SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has caused this report to be signed on its behalf by the undersigned, thereunto duly authorized.

# ACHIEVE LIFE SCIENCES, INC.

Date: May 3, 2023

/s/ John Bencich John Bencich Chief Executive Officer (Principal Executive and Financial Officer)